

COMPLEX LYMPHATIC THERAPY - COURSE TOPICS

History of Lymphatic System	Principles of CPT/CLT/CDT
Anatomy / Physiology	Contraindications / Indications
Microcirculation / Fluid Exchange	Preventative measures / keeping the Latent phase
Immune function	Measuring swelling/calculating reductions
Pathophysiology	Lymphotomes – head, neck, trunk, limbs
Aetiology	Manual drainage techniques – entire body.
Classification of Lymphoedema	Creating pathways - For a functional or dysfunctional lymphatic system. All regions.
Diagnosis / differential diagnosis	Multi layer Bandaging – limbs & practical solutions for truncal oedema
Clinical Evaluation / treatment plan	Compression garments
Tests / imaging for lymphoedema	Exercises for lymphoedema; hydrotherapy
Facial / breast / oedema	Patient education – home care
Effects of oedema – local & remote	Skin care / precautions
Genital oedema – theory & containment.	History of drug research – nutrition trends
Psychosocial effects of lymphoedema	Other therapies, aids – laser etc
Lipoedema & combination forms	Scope of practice in different settings
Elephantiasis & filariasis	Clinic set up / business considerations
Special situations: palliative, wounds	Documentation / Insurance
Care during cancer treatment	Organisations